ORIGINAL ARTICLE

DEVELOPMENT OF A MODEL FOR PREDICTING MAJOR INFECTION FOLLOWING PEDIATRIC HEART SURGERY

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ABSTRACT

Objective: The aim of this study was to develop a risk prediction model for major postoperative infection (MPI) after pediatric heart surgery and to validate the model of the Society of Thoracic Surgeons (STS). **Materials and methods**: We analyzed a retrospective cohort of 1,025 children who underwent heart surgery with cardiopulmonary bypass (CPB) from 2000 to 2010. We used a logistic regression model, which was validated. **Results**: Of the 1,025 patients, 59 (5.8%) had at least one episode of MPI (4.8% had sepsis, 1% had mediastinitis, 0% had endocarditis). Hospital mortality (63% vs. 13%; p < 0.001), as well as duration of postoperative ventilation (301.6 vs. 34.3 hours; p < 0.001) and intensive care unit stay (20.9 vs. 5.1 days; p < 0.001) were higher in patients with MPI. The predictive factors found were age, sex, weight, cyanotic heart disease, RACHS-1 3-4, Ross-modified functional class IV, previous hospital stay, and previous history of mechanical ventilation. The proposed model had a c-statistic of 0.80 (95% CI: 0.74-0.86) and was considered as clinically useful. The STS model showed a c-statistic of 0.78 (95% CI: 0.71-0.84) and a Hosmer-Lemeshow of 18.2 (P = 0.020). A comparison between the two models was made using an accurate Fisher test. **Conclusion**: A model with good performance and calibration was developed to preoperatively identify children at high risk for severe infection after cardiac surgery with CPB. The STS model was also validated and was found to have a moderate discrimination performance.

Keywords: Cardiac Surgical Procedures; Cardiopulmonary bypass; Postoperative complication; Infections; Prediction model (Source: MeSH NLM).

INTRODUCTION

The aim of the prediction models is to help care personnel during the decision-making process by identifying patients with a higher risk of presenting a certain outcome ⁽¹⁾. Postoperative complications occur in 43% of pediatric patients undergoing heart surgery with extracorporeal circulation ^(2,3). Postoperative infections are associated with pediatric heart surgery, with a reported incidence of 11% to 38% ⁽¹⁻¹⁰⁾. In this context, there are three particularly important infectious complications: sepsis, mediastinitis, and endocarditis, which together form an entity called major postoperative infection (MPI), which is defined as one or more of the three infections during the established postoperative period from 48 hours after the operation to the date of discharge. The incidence of MPI worldwide varies between 2.8% and 3.5% in the pediatric and adult population ⁽¹¹⁻¹⁹⁾. Although rare, MPI is a very severe complication due to the impact on mortality (22% to 25% in patients with MPI vs. 3% to 3.9% in patients without MPI), on length of hospital stay and on institutional costs ^(11-13,15-20).

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Received: 29/12/2019 Approved: 09/09/2020 Online: 30/11/2020 Several factors are associated with the occurrence of MPI and the probability is higher in those procedures assisted by cardiopulmonary bypass or extracorporeal circulation (ECC) ^(1,12). Associated preoperative factors include younger age, low weight, previous long hospital stay, previous admission to an intensive care unit (ICU), higher functional class of heart failure, higher level of surgery complexity (Risk Adjustment for Congenital Heart Surgery score [RACHS-1]), respiratory support, cyanotic heart disease, genetic disorders, and other comorbidities ^(1,7,9,10-12,17,18). MPI has also been associated with intraoperative factors, such as prolonged surgery time and ECC, volume and number of blood transfusions, intraoperative hypothermia, use of intracardiac prosthesis, and open chest condition upon leaving the operating room (OR) ^(1,7,10,17,18).

Different predictive models have been proposed to calculate the MPI risk after heart surgery. Among the most relevant factors were the following: age under six months, time with open chest, and postoperative stay for more than two days ⁽³⁾. There is a predictive model of MPI from the Society of Thoracic Surgeons (STS) that includes preoperative variables, comorbidities, and cardiac surgical procedures ⁽¹¹⁾; the model showed good performance and good discriminatory performance and was later validated by Kansy in Poland ⁽¹²⁾.

The aim of the research was to develop a risk prediction model for pediatric MPIs and to validate the one of the STS.

MATERIALS AND METHODS

Type of study

A retrospective cohort study was carried out. The target population was all patients under 18 who underwent heart surgery with ECC admitted between 2000 and 2010 to the Post-Operative Cardiovascular Unit (UPOCV) of the Instituto Nacional de Salud del Niño (INSN) in Lima, Peru. Patients who did not use ECC were excluded.

The UPOCV team of intensivists and an INSN pediatric infectious disease specialist made the diagnosis of infection. The diagnostic criteria and definitions established by STS for sepsis, mediastinitis and endocarditis were used ^{(21).}

Procedure

Independent variables

Risk factors for postoperative pediatric cardiac infections were formally sought in the literature ^(1,2,7,9-13,17-22). The search

KEY MESSAGES

Motivation for the study: Postoperative complications after heart surgery, especially sepsis, have a big impact on the patient mortality rate, hospital stay and associated costs.

Main findings: A prediction model was designed using preoperative information to estimate the risk of major postoperative infection in pediatric patients undergoing cardiac surgery with extracorporeal circulation. The internally validated model performed well.

Implications: With this easy-to-use predictive model, children at high risk of developing a major postoperative infection after pediatric cardiac surgery can be identified. This will help to develop prevention strategies, healthcare protocols, and further research.

was conducted on PubMed and Scopus through October 2018. Preoperative variables studied included age, weight, sex, provenance, prematurity, acute malnutrition, length of preoperative stay, previous cardiac surgery, type of heart disease, Risk Adjustment for Congenital Heart Surgery score (RACHS-1), previous mechanical ventilation, pneumonia, pulmonary tuberculosis, tracheostomy, congenital malformations, genetic disorders, cardiac and non-cardiac malformations, hepatitis, sepsis and endocarditis, renal failure, dialysis, cardiogenic shock, arrhythmias, pulmonary hypertension, cyanotic heart disease, Ross-modified functional class, hypothyroidism, history of epilepsy and neurological damage (7,11-13,17,21). The intraoperative variables studied were non-elective surgery (versus elective surgery), intraoperative diagnosis, type of surgery, time of ECC, circulatory arrest, ultrafiltration during ECC, use of corticosteroid, deep hypothermia, and open chest.

Data source

The sources of information were the patient's medical records and medical history. The data contained the same information indicated in the STS file for congenital heart surgery database. Data collection was performed by one of the researchers (EWS). The information collected was exported to the SPSS version 22 program (IBM Corp., Armonk, NY, USA) for statistical analysis.

Development of the model

We used The Chi-square test and Fisher's exact test to determine differences in population distribution between patients with and without MPIs. Subsequently, we carried out a logistic and binary regression model and selected those with a p < $0.200^{(23)}$. The association of each variable with the primary outcome was reported using odds ratio (OR) and a 95% confidence interval (95% CI).

Internal validation of the prediction model

The model was validated internally using the bootstrapping technique with 200 repetitions. Each repetition created models in samples identical in size to the study sample size, using random sampling with replacement of individuals. The internal validation provided a correction factor to adjust the model coefficients, assuming that the initial model coefficients were inflated for predictions in the new groups.

Evaluation of model performance

The predictive model was evaluated for discriminatory performance and clinical utility. Discrimination refers to how useful the model is in differentiating between patients with presence and absence of MPI. Discrimination is quantified with the c-statistic, which is equivalent to the area under the ROC curve. The c-statistic has values ranging from 0.5 to 1, and the closer it is to 1, the better the model. Clinical utility was evaluated with benefit analysis⁽²⁴⁾; this method evaluates the benefit of correctly identifying a patient with a high risk of MPIs (true positives) versus mislabeling them as probable MPIs (false positives) in a range of reasonable MPI risk thresholds where the physician feels comfortable deciding (for example, to administer antibiotics for an MPI). A threshold of 20% was considered reasonable, with a range of 5% to 40%.

Finally, the calibration of an internally validated model was evaluated with a calibration graph describing the relationship between the expected and observed MPI risks. Restricted cubic splines were used to visualize the relationship. The calibration of the model was also evaluated using the Hosmer-Lemeshow test.

Score and nomogram

We presented a model as scores for clinical use. For each variable we assigned a score that was proportional to the strength of association with the primary outcome of MPI. Therefore, the variables of the final prediction model with higher OR had higher scores. The final score was obtained by the sum of the scores of each variable in the final model. The scores were created by multiplying the variable's coefficient β by 10. We also created A nomogram, which allows the direct

calculation of the probability of the primary outcome. In the nomogram, each variable has a different scale that is proportional to the weight of its coefficients ^(20,24-27). The equivalence of MPI scores and risks with preoperative variables was also calculated. We carried out all these analyses with the R 3.3.2 program (www.r-project.org).

Validation of STS model

Besides discrimination and internal calibration, the comparison of infection rates was also used for model validation. Our model and STS model were compared using the MPI rates of six heart surgeries comparable to our study (atrial septal defect, ventricular septal defect, atrial ventricular canal, tetralogy of Fallot, Glenn, and double outlet right ventricle) through Fisher's exact test.

Ethical considerations

The Ethics Committees of Universidad Peruana de Ciencias Aplicadas (CEI/515-03-15) and INSN (Letter No. 01265-CEI-INSN-2015) approved the realization of the study.

RESULTS

Demographic characteristics

A total of 1,025 patients were analyzed, 59 (5.8%) of them had at least one episode of MPI (4.8% sepsis, 1.0% mediastinitis, 0% endocarditis). Three patients had more than one type of infection. Ninety-five percent of the operated patients had postoperative sepsis. There were only ten cases of mediastinitis.

Patients with MPI were younger (2.95 vs. 5.42 years; p < 0.001), and 62.7% were men (Table 1). The average weight of patients with MPI was significantly lower than the rest of the patients (10.9 kg vs. 16.8 kg; p < 0.001) (Table 2). The length of preoperative stay was longer in patients with MPI (median of 40 vs. 15 days; p < 0.001). Most patients with MPI were diagnosed with cyanotic heart disease (69.5%; p < 0.001). In addition, patients with MPI had a higher percentage on the RACHS-1 3-4 scale (54% vs. 27%; p < .001). A similar result was found for Ross-modified functional class IV (higher in patients with MPI, 37% vs. 15% in the total population, p < 0.001). On the other hand, more patients with MPI had previous mechanical ventilation (11.9% vs 0.9%; p < 0.001). There was a greater number of patients with a history of previous infection resolved at the time of surgery in the cases with MPI (7.5% vs 32%; p < 0.001). There were no differences in congenital anomalies, malformations, and malnutrition status.

Variables	Total	Yes	No (n = 966)	p value	OR (95% CI)	p value
(n = 59)	No	2.95 (4.6)	(II = 900) 5.42 (4.8)	<0.001	0.86 (0.79-0.93)	< 0.001
(n = 966)	1. p value	2. OR (95% CI)	3. p value			
0-6 m	120 (11.7)	28 (47.5)	92 (9.5)	< 0.001	Ref.	
7-11 m	54 (5.3)	5 (8.5)	49 (5.1)		7.30 (3.20-16.65)	0.010
12 m - 5 y	502 (49)	17 (28.8)	485 (50.2)		2.45 (0.77-7.82)	0.130
6-9 y	149 (14.5)	1 (1.7)	148 (15.3)		0.84 (0.36-1.98)	0.690
10 y or more	200 (19.5)	8 (13.6)	192 (19.9)		0.16 (0.02-1.31)	0.090
Sex (n, %)						
Male	523 (51.0)	37 (62.7)	486 (50.3)	0.040	1.66 (0.96-2.86)	0.067
Female	502 (49.0)	22 (37.3)	480 (49.7)		Ref.	
Provenance (n, %)						
Lima	533 (52.0)	33 (55.9)	500 (51.8)	0.310	0.85 (0.49-1.43)	0.530
Provinces	492 (48.0)	26 (44.1)	466 (48.2)		Ref.	
Year of surgery (n, %)						
2001-2005	439 (42.8)	20 (33.9)	419 (43.4)	0.176	0.67 (0.39-1.17)	0.160
2006-2010	586 (57.2)	39 (66.1)	547 (56.6)		Ref.	
Prematurity (n, %)						
No	1,013 (98.8)	58 (98.3)	955 (98.9)	0.093	1.50 (0.19-11.79) *	0.700
32-35 weeks	9 (0.9)	0 (0.0)	9 (0.9)			
36 weeks	3 (0.3)	1 (1.7)	2 (0.2)			

Table 1. Clinical demographics of pediatric patients who had cardiac surgery with extracorporeal circulation at Instituto Nacional de Salud del Niño, between 2000 and 2010

* Compared to prematurity.

OR: odds ratio; SD: standard deviation; m: months; y: years, Ref: reference.

We found that patients undergoing non-elective surgery had more MPIs (79.7% vs 44.8%; p < 0.001) (Table 2). There was no difference between the cases of MPI for the year of surgery, the longest time of extracorporeal circulation, deep hypothermia, open chest, and valve prosthesis.

The total mortality rate at 30 days was 13.7% and significantly higher in the group of patients with MPI (mortality 37/59 [63%] vs. 125/966 [13%]; p < 0.001). The duration of postoperative mechanical ventilation (301.6 hours vs. 34.3 hours; p < 0.001), postoperative intensive care unit stay (20.9 days vs. 5.1 days; p < 0.001), and postoperative stay (42.2 days vs. 15.1 days; p < 0.001) were greater in patients with PMI. Nine deaths with MPI had a history of sepsis and two of endocarditis. Excluding these patients, mortality in patients with MPI remained high (58%) and significantly different from patients without MPI (p < 0.001). Of the 32 patients, two died of sepsis.

Bivariate and multivariate regression model

In the bivariate analysis of preoperative variables, a strong association was found between MPI and younger age, lower weight, longer preoperative stay, type of heart disease, cyanotic heart disease, higher RACHS-1 scale and Ross-modified functional class, and previous mechanical ventilation (Table 1 and 2). The non-elective (vs. elective) surgeries also had a statistical association with MPI (Table 2).

We created a preoperative model and a combined model (preoperative and intraoperative). In the first model, shown in Table 3, the variables associated with PMI were prolonged preoperative hospital stay (p = 0.053), diagnosis of cyanotic heart disease (p = 0.020), RACHS-1 (p = 0.013), and Ross-modified functional class IV (p = 0.009). In the second model, the associated variables were cyanotic heart disease (p = 0.020), RACHS-1 (p = 0.020).

Performance of the preoperative model

Internal validation of the model produced a shrinkage factor of 0.84. The discriminatory performance of the model was good, with an adjusted c-statistic of 0.80 (95% CI 0.74-0.86). The combined preoperative and intraoperative model showed no significant improvement in discrimination compared to the preoperative model (P = 0.600), which is shown in the supplemental material (Figure S1). The net benefit analysis showed that both models had a similar performance for MPI ranging from 0% to 40%, and their use is better than not Table 2. Preoperative and intraoperative clinical characteristics of pediatric patients who underwent extracorporeal circulation heart surgery at Instituto Nacional de Salud del Niño, between 2000 and 2010.

Variables	Total	Yes (n = 59)	No (n = 966)	p value	OR (95% CI)	p value
Preoperative						
Weight, kg (mean, SD)	16.50 (12.3)	10.9 (12.5)	16.8 (12.3)	< 0.001	0.94 (0.91-0.97)	0.001
Weight group (kg)						
2.5-5	150 (14.6)	30 (50.8)	120 (12.4)	< 0.001	Ref.	
6-10	279 (27.2)	13 (22.0)	266 (27.5)		5.79(2.33-14.38)	0.001
11-30	451 (44.0)	10 (16.9)	441 (45.7)		1.13(0.42-3.04)	0.810
31 or more	145 (14.1)	6 (10.2)	139 (14.4)		0.53(0.19-1.47)	0.220
Preoperative stay, days (mean, IQR) *	4 (14)	15 (40)	4 (12.25)	< 0.001	1.08 (1.04-1.11)	< 0.001
Previous stay group (days)						
0-1	302 (29.5)	11 (18.6)	291 (30.1)	< 0.001	Ref.	
2-7	347 (33.9)	13 (22.0)	334 (34.6)		0.29(0.14-0.59)	0.001
8-14	116 (11.3)	5 (8.5)	111 (11.5)		0.30(0.15-0.58)	0.001
15 or more	260 (25.4)	30 (50.8)	230 (23.8)		0.35(0.13-0.91)	0.320
Type of cardiopathy (n, %)						
VSD	329 (32.1)	7 (11.9)	322 (33.3)	< 0.001	Ref.	
TF	152 (14.8)	9 (15.3)	143 (14.8)		2.895 (1.06-7.93)	
ASD	123 (12.0)	2 (3.4)	121 (12.5)		0.760 (0.16-3.71)	
TAPVR	77 (7.5)	10 (16.9)	67 (6.9)		6.866 (2.52-18.68)	< 0.001
Others	344 (33.6)	31 (52.5)	313 (32.4)		4.556 (1.98-10.49)	< 0.001
Cyanotic cardiopathy (n, %)	420 (41.0)	41 (69.5)	379 (39.2)	< 0.001	3.53 (1.99-6.23)	< 0.001
RACHS-1 (n, %)						
1	128 (12.5)	2 (3.4)	126 (13.0)	< 0.001	0.107 (0.02-0.53)	0.001
2	617 (60.2)	25 (42.4)	592 (61.3)		0.284 (0.12-0,69)	0.060
3	226 (22.0)	25 (42.4)	201 (20.8)		0.835 (0.34-2.05)	0.690
4	54 (5.3)	7 (11.9)	47 (4.9)		Ref.	
RACHS-1 (mean, IQR) *	2 (2.3)	3 (2.3)	2 (2.3)	< 0.001	2.20 (1.57-3.08)	< 0.001
Ross modified functional class (n, %)						
I	216 (21.1)	5 (8.5)	211 (21.8)	< 0.001	0.142 (0.05-0.38)	< 0.001
II	280 (27.3)	16 (27.1)	264 (27.3)		0.364 (0.19-0.72)	0.030
III IV	375 (36.6)	16 (27.1)	359 (37.2)		0.267 (0.14-0.53)	< 0.001
Ross modified functional class IV (n, %)	154 (15.0)	22 (37.3)	132 (13.7)		Ref.	
Yes	154 (150)	22 (27 20)	122 (12 (6)	< 0.001	276 (215 657)	<0.001
No	154 (15.0) 871 (85.0)	22 (37.29)	132 (13.66)	<0.001	3.76 (2.15-6.57) Ref.	< 0.001
Genetic malformation (n, %)		37 (62.71)	834 (86.34)	0.100		0.200
Genetic disorder (n, %)	83 (8.1) 171 (16.7)	7 (11.9)	76 (7.9) 164 (17.0)	0.190 0.200	1.576 (0.69-3.59)	0.280 0.310
		7 (11.9)	164 (17.0) 212 (21.0)	0.200	1.519 (0.68-3.4)	0.980
Previous cardiac surgery (n, %)	225 (22.0)	13 (22.0)	212 (21.9)		1.005 (0.53-1.89)	
Acute malnutrition (n, %) Mechanical ventilation (n, %)	492 (48.0)	30 (50.8)	462 (47.8)	0.370 <0.001	1.129 (0.67-1.91)	0.650
Previous infection (n, %)	16 (1.6)	7 (11.9)	9 (0.9) 72 (7 5)	<0.001	0.07 (0.03-0.19)	<0.001 <0.001
	91 (8.9) 1 (0.1)	19 (32) 0 (0)	72 (7.5) 1 (0.1)	<0.001 0.940	5.90 (3.25-10.71)	<0.001
Tracheotomy (n, %)					-	-
Kidney failure (n, %) Intraoperative	6 (0.6)	0 (0)	6 (0.6)	0.700	-	-
1						
Intraoperative Diagnosis (n, %)	221 (21 2)	7(110)	214 (22 5)	-0.001	D-f	
VSD	321 (31.3)	7 (11.9)	314 (32.5)	< 0.001	Ref.	0.250
TF	146 (14.2)	6 (10.2)	140 (14.5)		1.92 (0.64-5.82)	0.250
ASD	115 (11.2)	2 (3.4)	113 (11.7)		0.79 (0.16-3.88)	0.780
TAPVR	76 (7.4)	10 (16.9)	66 (6.8)		6.79 (2.49-18.51)	<0.001
Others	367 (35.8)	34 (57.6)	333 (34.5)	A 001	4.58 (2-10.48)	<0.001
Non-elective surgery \ddagger (n, %)	480 (46.8)	47 (79.7)	433 (44.8)	< 0.001	4.821 (2.53-9.2)	< 0.001
Palliative heart surgery (n, %)	204 (19.9)	12 (20.3)	192 (19.9)	0.520	1.029 (0.54-1.98)	0.930
Time ECC, minutes (mean, DS)	93.23 (62.6)	97.1 (50)	92,9 (63.3)	0.570	1.01 (0.99-1.01)	0.630
Circulatory arrest (n, %)	23 (2.2)	3 (5.1)	20 (2.1)	0.140	0.39 (0.11-1.37)	0.140
Ultrafiltration during ECC (n, %)	467 (45.6)	30 (50.8)	437 (45.2)	0.240	1.25 (0.74-2.12)	0.400
Corticoid use (n, %)	845 (82.4)	48 (81.4)	797 (82.5)	0.900	0.9 (0.46-1.76)	0.760

* By increase in 1 unit. ‡ vs. elective.

VSD: ventricular septial defect; TF: tetralogy of Fallot; ASD: atrial septial defect; TAPVR: total anomalous pulmonary venous return; RACHS-1: classification adjusted to the risk for congenital heart surgery; SD: standard deviation; IQR: interquartile range; OR: odds ratio; Ref: reference.

Variables	β	OR (95% CI)	p value
Age, per increase in 1 year	-0,184	0.83 (0.68-1.02)	0.070
Male sex	0,317	1.38 (0.77-2.50)	0.280
Weight in kg	0,040	1.04 (0.96-1.12)	0.310
Preoperative stay, by increase in 1 day	0,002	1.06 (1.02-1.11)	0.053
Cyanotic cardiopathy	0,800	2.23 (1.17-4.26)	0.020
RACHS-1, by increase in 1 unit	0,480	1.62 (1.09-2.40)	0.013
Ross Functional Class IV	0,905	2.56 (1.30-5.00)	0.009
Preoperative mechanical ventilation	0,556	1.91 (0.60-6.06)	0.270

95% CI: 95% confidence interval; RACHS-1: risk-adjusted classification for congenital heart surgery; OR: odds ratio.

using a predictive model (supplemental material, Figure S2). The calibration of both models was good as expected in an internally validated model.

The preoperative model was presented as scores and a nomogram. The scores per variable included in the final model are shown in Table 4, and the equivalence of MPI scores and risks are shown in Table 5. Scores between 12 and 29 correspond to MPI probabilities of 5% to 95%, respectively. A nomogram is shown in Figure 1. For example, a 5-year-old girl with 20 kg, 30 days of preoperative stay, with cyanotic heart disease and a RACHS-1 scale of 3 will have a 19 point and 30% risk of MPI.

Table 4. Scores for risk of major postoperative infections after pediatric heart surgery by variable included in the preoperative multivariate model.

Variable	Value	Score	
Age	By year of age	-2	
Male sex	Yes	3	
Weight	By 2 kg	1	
Length of stay	5	1	
	10	2	
	15	4	
	20	5	
	25	6	
	30	8	
	35	9	
	40	10	
	Yes		
Cyanotic cardiopathy	By unit	8	
RACHS-1	Yes	5	
Functional class IV	Yes	9	
Preoperative mechanical ventilation	Sí	6	

*Note: The preoperative stay is divided by 5 to express the risk for increased 5-day hospital stay. For example: a patient with 25 days of hospitalization before surgery has a value of 5 (i.e., obtained dividing 25 by 5) and has 1 point according to the model.

RACHS-1: Risk-adjusted classification for congenital heart surgery.

Validation of the Society of Thoracic Surgeons model

The STS model for MPI was validated with our own database. The discriminatory performance was moderate (c-statistical 0.78; 95% CI 0.71 to 0.84) and the calibration was not good (Hosmer-Lemeshow test was 18.2; P = 0.020). The STS model underestimated the risk of MPI, particularly for the high risks observed in our population. Fisher's exact test was used to compare both models regarding the MPI rate (supplemental material, Table S1). Significant differences were found in two surgeries: atrial septal defect and double outlet right ventricle (p = 0.010 and p = 0.030, respectively).

DISCUSSION

We developed a risk model for MPIs which showed good performance. Clinical data from all pediatric heart surgeries

Table 5. Risk of major postoperative infections after pediatric cardiac surgery according to the preoperative model score.

Score	MPI risk (%)	
14	5	
16	10	
18	20	
19	30	
21	40	
22	50	
23	60	
24	70	
25	80	
27	90	
29	95	

MPI: Major Postoperative Infections after pediatric cardiac surgery



Figure 1. Nomogram for the preoperative model.

performed using extracorporeal circulation in a decade at a national reference institute for pediatric healthcare in Peru. In addition to the predictive model that establishes a score to estimate the clinical prognosis, a nomogram was designed for simplified use. We found a MPI rate of 5.8% (sepsis 4.8%), and some preoperative risk factors were identified, all of which were easy to measure.

The incidence of postoperative infections and the associated risk factors in the studied population are similar to those found in high-income countries as well as in low-income countries (7,11-²²⁾. The study confirms that MPI are associated with significantly high mortality, long duration of mechanical ventilation, and prolonged postoperative and ICU stay. Despite similar MPI rates, the mortality rate found was higher compared to rates described in previous studies (11-12,17,20,22). It should be noted that the previous studies excluded patients with a history of sepsis or endocarditis for calculating mortality rates in MPI. Even by excluding the seven patients with a history of sepsis and two with endocarditis, the rate remains high (58%) and significantly different from those without MPI. More studies are needed to better understand factors related to the short- and long-term consequences of postoperative cardiac infections in pediatric patients and whether interventions over a follow-up period might change outcomes.

There was no significant change in the rate of major postoperative infection over the 10-year period. There were also no major changes in medical practice during the study period regarding surgeons, operating room (OR) personnel, the UPOCV, hand washing techniques, use of antibiotics, wound care, or complexity of procedures, all of which were regulated by protocols approved by various international committees and used at the INSN^(28,29).

We can confirm that younger age, lower weight, longer preoperative stay, higher procedure complexity (RACHS-1), diagnosis of cyanotic heart disease, preoperative mechanical ventilation, and non-elective surgical condition are variables associated with an increased risk of MPI ^(2,7,9,10-12,17,18). In addition, other risk factors for MPI were identified as Rossmodified functional class IV with a highly associated. There were no patients diagnosed with Di George's syndrome; and Down syndrome cases showed no difference for MPI.

Previous research also described intraoperative factors associated with an increased risk of MPI, such as longer ECC time, deep hypothermia, open chest upon leaving the OR, and the use of prosthetic valves during surgery, these factors were not significant in our analysis^(2,7,10,17,18).

With well-established predictors, this model accurately identified patients at high risk for MPI. It showed satisfactory calibration as well as good a discriminatory performance. The STS model presented by Barker *et al.* ⁽¹¹⁾ was validated with the 10-year data and found a similar c statistic of 0.78 and a calibration of 0.66 which differed from our study; the model

presented a set of preoperative variables like ours. However, authors of the STS model found that prior heart surgery and genetic abnormalities were risk factors for MPI.

We also compared discrimination performance with the study carried out by Kansy et al. (12), the latter being slightly better regarding discrimination with a c-statistic of 0.81 and a calibration of 0.2. Both studies include variables such as age, RACH-1, previous stay, and preoperative ventilation; but our model also includes men, weight, Ross-modified functional class, and cyanotic heart disease. However, the characteristics of the population in the study by Kansy et al. differed from ours regarding younger age at the time of surgery (2.4 vs. 5.7 years) and fewer children with the weight percentile for age-sex <5% (35.2% vs. 63.8%). All the population of our study (100%) were children with ECC, while in the mentioned study, 80% of the population had ECC. The incidence of sepsis and mediastinitis was lower than what we found in this study, and there were no cases of endocarditis. On the other hand, the mentioned study did not include children with previous infections.

Sen *et al.* ⁽³⁰⁾ evaluated bacterial sepsis and surgical site infection, such as mediastinitis, and found that risk factors for infection were younger age at surgery, greater surgical complexity, lower oxygen saturation, and other comorbidities; the incidence of sepsis was 5.5% and more than half of the cases were malnourished, data similar to those presented our study. They did not include children with previous infections, previous cardiac surgery, and mechanical ventilation; and they did not analyze preoperative length of stay. Our model includes variables similar to theirs, such as age, RACH-1, and cyanotic condition.

The scoring and nomogram tools created in this study can be easily applied in the clinical environment, which is a strength of this study. Also, both tools were developed

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considering the specific demographic characteristics of the studied population, which allows extrapolating the findings to similar circumstances that take place in South America and other developing countries. However, the study is not without its limitations. First, the number of patients with MPI was relatively small and belonged to a single health care facility in a specific setting. Second, the analysis and model did not include data such as the specific causative pathogen and use of preoperative prophylactic antibiotics, socioeconomic status like access to care, educational level, and family income. Third, when comparing the calibration of this model with that of the STS model (0.02 vs. 0.66; p > 0.050), it is demonstrated that our model does not fit properly, since what was observed differs from what was expected, and therefore more multicenter studies are required to obtain a more precise tool.

In conclusion, we designed a model to predict postoperative infection with adequate discrimination and good performance, which can be used as a quality control strategy and a tool for comparison with other pediatric heart surgery centers for better management decision making. The model proposed by STS was also validated and showed a good discriminative performance.

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